

## Intermediate Care



## What is Intermediate Care Southwark?



The Intermediate Care Southwark service is run by the NHS and social services.



The service can help you live independently, safe and well at home.



And it can stop you from:

going to hospital



going to Accident and Emergency



needing long term care.



Members of the Intermediate Care team include:



• physiotherapists – who treat illness by using massage and exercise.



social workers



 occupational therapists – who treat illness or accidents by getting patients to take part in activities.

