

Southwark Life

Autumn 2022

A safer Southwark

Our new campaign to make the borough safer for women and girls

Tree-mendous news

We get out and about to enjoy local green spaces this season

Festive fun

We highlight some of Southwark's Christmas and New Year events

PLUS Here to Help: how we are supporting people through the cost of living crisis (See pages 15 to 18)



Your magazine from Southwark Council

Your next poo

could save

your life

If you receive a bowel screening kit, use it. You could stop cancer before it starts.

To find out more visit healthylondon.org/BCS

Screening saves lives

Help us help you

Contents

- 4 Need to know** – all the latest news from around Southwark
- 7 New council housing** – read the latest on the council’s ambitious council house building programme
- 8 Keeping women and girls safe** – Southwark launches its new campaign to make the borough safer for women and girls
- 11 Southwark 2030** – we’re looking ahead to the future and we want to hear your thoughts
- 12 Festive recycling** – how to reduce waste and recycle more this Christmas
- 14 Get gardening** – take a look at some of our residents’ work as part of our Great Estates project
- 15 Cost of Living Crisis** – our bumper feature on what the council is doing to help with the cost of living this winter
- 20 Climate campaign** – get greener AND save money with our new campaign
- 22 Tree-mendous news** – enjoy an autumn walk and spot some of the borough’s oldest and most unusual trees with our guide
- 24 Health check in** – get ready for winter with our definitive guide to vaccines and health checks available to you
- 26 History repeating** – we look at how previous generations in Southwark coped with rising prices
- 28 Festive fun** – our guide to some of the great festive events and activities around Southwark
- 31 Business page** – latest info and advice for our local businesses this December and the New Year

Contact us

Do you have something to say about Southwark Life? email southwark.life@southwark.gov.uk

Front page photo by Ellie Kurtz from Pinocchio, courtesy of the Unicorn Theatre. See page 28 for details.

The Southwark Life team

Editor Kim Hooper

Contributors Sophie Adams, Ella Rogers, Jane Evans, Richard Wells, Jack Beddoe, Dr Patricia Dark, Liz Crook, Oli Newman, Clara Fiti, Carlotta Rauch, James Senior, Louise Neilan and Alix Macfarlane

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welcome...



Hello and welcome to this edition of Southwark Life.

Christmas is just around the corner but this year for many of us, the normal joy we feel has been replaced with worry, as we face one of the worst cost of living crises in living memory.

The council’s top priority, and that of our community partners across the borough, is to offer as much support and advice as we can for people who are struggling with rising costs. We’ve made available over £25m worth of support for those hardest hit this year and at our cost of living summit in November we launched several initiatives and services designed to help local people get through this winter. From funding available to households, to our Warm Spaces programme, we’re working hard to make sure everyone is safe and warm this winter. Please see our bumper feature on pages 15 to 18 for details. There are also some tips on ways to save money and help the environment as part of our Green Savers campaign, which you can read more about in this issue.

As well as working to get people through the current crisis, the council is also looking ahead and making plans to strengthen our borough so that we come out of this crisis with things to look forward to. Next year we will be launching one of our borough’s biggest public conversations to date – Southwark 2030. We want to talk to you, our residents, about the things you think the borough needs – housing, health care, education and much, much more. Details will become available in the New Year so please watch out for them and get involved.

We’ve also launched our new campaign to keep women and girls safer in our borough and you can meet the star of our new short film on page 9. You can also get out and about in the borough with our guide to some of Southwark’s trees, and we have advice on the best ways to stay healthy this winter.

Despite the difficulties we are now facing we hope that you do have a Merry Christmas and happy New Year.

Cllr Kieron Williams
Leader of Southwark Council



Keep in touch

You can contact the magazine at southwark.life@southwark.gov.uk but for more regular updates on council news and events, follow us on social media at

[facebook.com/southwarkcouncil](https://www.facebook.com/southwarkcouncil)

[@lb_southwark](https://twitter.com/lb_southwark)

[Instagram.com/southwarkcouncil](https://www.instagram.com/southwarkcouncil)

Need to know...

It's been a busy few months in Southwark. Here's all the latest news from around the borough.

For news and events follow us on social media or find out more at [southwark.gov.uk/news](https://www.southwark.gov.uk/news)

Follow us on Facebook [facebook.com/southwarkcouncil](https://www.facebook.com/southwarkcouncil)

Follow us on Twitter [@lb_southwark](https://twitter.com/lb_southwark)

Follow us on Instagram [Instagram.com/southwarkcouncil](https://www.instagram.com/southwarkcouncil)

Afro-European violinist and favourite of Beethoven remembered in Southwark

We celebrated virtuoso violinist, George Bridgetower, during Black History Month in October, with a new heritage plaque at Jack Jones House, 12 Reedham Street, London.

Bridgetower's sparkling career took him all over the world and he befriended and performed with Beethoven, before finally settling in Peckham.

Go to www.southwark.gov.uk/news to read more about this and other recent news from the council.



Southwark children urgently need foster carers

We are looking for foster carers for children of all ages. Our foster carers get a generous allowance, excellent training and ongoing support. We're looking for foster carers from all our communities but you need to have a spare room. Tell us if you might be interested in fostering by completing a quick enquiry form at www.southwark.gov.uk/fostering

Stay well this winter

Winter weather can be bad for our health, especially for people:

- aged 65 or older
- with long-term conditions such as heart or kidney disease, emphysema, chronic bronchitis, asthma or diabetes.

Being cold can raise the risk of increased blood pressure, heart attacks and strokes. Cold and damp weather, ice, snow and high winds can make existing health problems worse, and make us more vulnerable to respiratory (breathing related) winter illnesses.

Things you can do to stay well this winter:

- Get your flu and COVID-19 vaccinations if you're eligible (see pages 24 and 25)
- Keep your home at 18°C (65°F) or higher if you can
- Use financial schemes and discounts to help you pay for heating
- Go to [111.nhs.uk](https://www.nhs.uk) or call **111** if you are worried about any symptoms
- Look out for others who may need a bit of extra help over the winter.

We're providing extra support this winter, as we know it will be a difficult time with increases in the cost of living. Get further advice on pages 15 to 18 or go to:

- www.southwark.gov.uk/here-to-help
- www.southwark.gov.uk/followus to sign up for emails or follow us on social media

Get more information on staying well this winter, including in British Sign Language or easy read: www.nhs.uk/staywell

Find a venue for your next event

Are you looking for a venue for your meeting, training session or even a wedding? We have various rooms available for hire at good prices, in our libraries and other venues across Southwark.

Visit www.southwark.gov.uk/bookaroom to find a room for your next event.



A helping hand around the home

If you need small repairs carried out in your home, we can help.

You must be over the age of 60, or any age with a disability, and live in Southwark. There is an hourly rate charge, depending on your financial circumstances. There are no call-out charges or hidden extras.

Some of the tasks we can help with:

- Installing grab/hand rails
- Moving furniture
- Fixing curtain rails
- Changing locks
- Minor carpentry work
- Draft proofing
- Building flat pack furniture
- Changing light bulbs
- Small plumbing jobs
- Repairs
- Fixing or installing garden fencing



Contact us to find out if we can help with any other tasks you might have around the home. We can supply materials or can use materials that you have purchased.

For more information visit www.southwark.gov.uk/handyperson or call **0207 525 1863**.

Childhood immunisations: make sure your child is protected

It's important that your child is up to date with their vaccinations to prevent them from getting serious illnesses.

Children in Southwark are offered two doses of the measles, mumps and rubella (MMR) vaccine – at one year of age and at 18-months. This second dose is earlier than the national advice because our borough has had high rates of measles outbreaks among children. The earlier that your child can be protected, the better.

Measles is easy to catch and pass on. It can cause ear and chest infections, fits,

Find out what's on in Southwark for young people

Our new One Hub website for young people was launched this summer.

Designed with young people in mind, you can find out about youth activities near you, events, job vacancies, volunteering opportunities and career support.

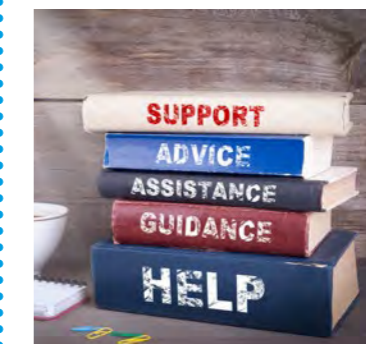
You can also have your say on local issues and get advice on topics like mental health, bullying and relationships all in one place.

www.onehubsouthwark.co.uk



Support for new businesses

The Southwark Pioneers Fund is an ambitious new programme of support for business founders and aspiring entrepreneurs in Southwark.



The Southwark Pioneers Fund actively encourages applications from groups that are typically underrepresented in business leadership roles.

The Fund offers two programmes for entrepreneurs at different stages. Find out which programme is best for you by visiting Southwark Pioneers Fund at www.southwark.gov.uk/pioneersfund

diarrhoea and dehydration in younger children. And on rare occasions, meningitis or a brain infection called encephalitis, which can lead to long term disabilities or even death.

If your child isn't vaccinated this leaves them unprotected and increases the risk of outbreaks in schools and nurseries.

You should also check your child is up to date with their polio vaccinations, as there have been recent concerns that polio may be spreading in London.

Find out which vaccines your child should have and when:

[nhs.uk/MMR](https://www.nhs.uk/MMR)

To make sure your child is up to date with their immunisations:

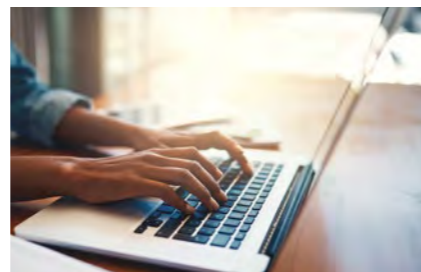
- Check their personal health record (Red Book)
- Contact your GP to book vaccines your child has missed.



Planning Permission made easy

Not sure if you need planning permission? Our free new tool will help! Answer simple questions, follow the help text and find an easy answer as to whether your project will need planning permission. Try the free service for yourself through the council website.

Visit www.southwark.gov.uk/do-I-need-planning-permission



Is your child starting primary school next year?

If your child was born between 1 September 2018 and 31 August 2019, they are due to start primary school in September 2023. You must submit your application before the closing date on Sunday 15 January 2023. Before applying for a primary school place for your child, you should research all the schools that you and your child are interested in. When applying for a school place you can express a preference for up to six schools whether they're in Southwark or in another borough. You will find information about schools in our 'Starting primary school in Southwark' brochure available at www.southwark.gov.uk/schooladmissions

Over 3,000 landlords have applied for a property licence in Southwark

Since the launch of our new property licences from March 2022, over 3,000 landlords and managing agents have already applied for a licence, which improves the living conditions for tenants. If you own a private rented property in Southwark, you need to apply for a property licence. If you're a landlord or managing agent for a licensable property and you do not apply for a licence, you can be prosecuted.

You can apply for your property licence online at www.southwark.gov.uk/propertylicensing

Post-16 support for pupils in Year 11

Young people currently in Year 11 should begin to navigate the Post 16 prospectus to help them decide their next step of what and how they would like to study or train after secondary school. You may want to go on to A-Levels, do a technical or professional course, start an apprenticeship, or take up a traineeship, work and train. The prospectus provides contact details of sixth forms in Southwark and further education colleges in London and other useful information. www.southwark.gov.uk/post16



Over 16s: Complete a survey about your education, employment or training

Pupils in Year 12 and 13 please complete our post-16 survey to let us know your new education, employment or training destination. If you're not sure about your next steps, we can signpost you to impartial information, advice and guidance on post-16 options at www.southwark.gov.uk/post16



RESIDENTS WELCOMED TO NEW HOMES IN CAMBERWELL

In September we welcomed residents to our two new council blocks at Goschen Estate in Camberwell.

We built two new blocks on the estate to provide 17 new council homes for local people, as part of our commitment to tackling the housing crisis locally.

Akinkunmi Raji, a resident who moved into Prout House in August, said: "I'm really pleased with my new home, we had been on the waiting list for a long time and it's fantastic to be in such a nice place with my family. Our new flat is spacious, meets our needs, and I feel safe and comfortable in the area. This new home has brought stability, security and happiness for my family."

The welcome event, sponsored by building contractors Guildmore Ltd, provided food and drink for all Goschen Estate residents in the communal garden. A new playground and garden with seating was created on the estate as part of the new development.



BUILDING WORKS COMPLETE ON STUNNING NEW COUNCIL FLAT IN CHAMPION HILL

We have converted Whaddon House, an old nursery on Dog Kennel Hill Estate in Champion Hill, into a new, high-quality three-bedroom council flat. The flat can accommodate a five-person family and has three bedrooms, two WCs and a private garden with bike storage.

Whaddon House is one of many examples where we create new homes by converting garages and disused areas on our estates, also known as 'hidden homes'.

19 NEW COUNCIL HOMES COMPLETED IN NUNHEAD

Building works are now complete on 19 new council homes at Daniels Road in Nunhead. We built five three-bedroom houses and a block of 14 flats, as well as a communal garden for local people in place of old garages and a car park.



BUILDING WORKS REACH THE ROOF LEVEL AT THE FLAXYARD SITE IN PECKHAM

We held a topping out ceremony to celebrate building works reaching the roof level at our council homes site in Peckham in September. We are developing the old Flaxyard site to provide 96 new council homes for local people and 24 council shared ownership homes.

Southwark councillors laid a ceremonial brick at roof level to mark the occasion.

The Flaxyard development will be three new buildings of four and six storeys. There will also be a commercial unit on the ground floor of one of the blocks.

We make sure that all our building contractors give back to the local community when they take on construction projects in the borough. At the Flaxyard site, Bouygues UK has led 21 employment and training sessions with unemployed local residents, given five presentations to local schools, spent 158 hours volunteering in the community and given nearly £30k to local causes.



"Oi! Give us a smile!"



Two in three women of all ages in the UK have experienced some form of sexual harassment in a public space.



Girls and women face harassment from boys and men every day. We are getting to the root of the problem with a new campaign.

Making Southwark's streets safer for women and girls is a top priority for the council. It is not for women and girls to change their behaviour to avoid unwanted attention or to feel safe. Instead, our new campaign speaks directly to men and boys.

Through film and posters, boys and men will see through a girl's eyes. In doing so, we want to inspire them to challenge their own attitudes and those of others. We are asking them to make it right by calling out sexual harassment when they see it.



Watch our film at www.southwark.gov.uk/through-her-eyes



Tyrelle Boyce is an actor who plays the lead role in the film. We follow him as he walks to school and experiences the sexual harassment girls and women experience on a daily basis.

What was going through your head while filming?

I put myself in the shoes of an average girl or woman as this is what a normal day looks like for them. It's important for me to have a personal connection with any character so it was helpful to work with a female director. She helped me understand the reality facing girls and women. I really hope I did them justice with my portrayal.

What were some of the emotions your character felt?

A lot of fear, caution and worry. Pace was important too. Unwanted attention and comments from men and boys can happen in the blink of eye. This behaviour can also escalate just as quickly. Girls and women have to think fast. They have to stay agile to feel safe.

Why do you think this campaign is so important?

You can't call something out that you're not aware of. Many boys and men don't see their behaviour as wrong. They need to see that certain situations cause harm to girls and women. I think young men and boys in particular can be positively influenced if they are shown the right path.



Tyrelle Boyce



Serafima Serafimova

This project for the council scored 97.8%, making it one of our highest scoring briefs to date.

On a personal level, it's a subject close to my heart. Like any other woman or girl, I have first-hand experience of sexual harassment. Working on the project has been one of the highlights of my career.

How did you reflect Southwark in the film?

Southwark is the 'unheard character' in the film. We knew it was important to show how diverse the borough is. As the film's backdrop, we made sure we had a recognisable mix of urban settings and green spaces.

What change do you hope the film will bring about?

What makes this film different is that we are not targeting girls and women as victims of sexual harassment. Instead, we immerse our male viewer in their experience. We want boys and men to act upon their shock and discomfort at how it feels to be sexually harassed on a daily basis. The change we want to see is men and boys calling this behaviour out whenever they see it.

We teamed up with agency Nice and Serious to create the campaign. Serafima Serafimova is the director who led on the campaign's film.

What drew you to working with the council on this project?

At Nice and Serious, we only work with clients who want to make the world a better place. We are guided by a 'moral compass' which is where everyone at the agency votes on whether to take on a project.

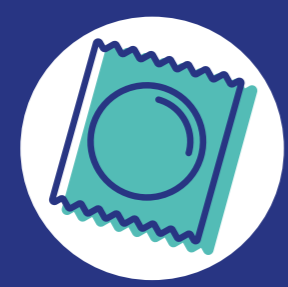
We asked young people what they thought throughout the creative process to help steer the direction of the campaign. This included Southwark Young Advisors and Southwark Youth Parliament. Many thanks to them and to South Bank University Academy for their support with filming.

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SOUTHWARK
2030

Looking ahead

Get ready to help shape the future of Southwark

Southwark is a borough of strength, resilience, and ambition. When we work together as people, communities and organisations we have shown that we can face big challenges and do great things. We know times are hard right now, but there are things we can do now to build on the plans we have in place and look at what more we can do together to protect our borough and our residents in the future.

We know we already have much to be proud of, whether that's supporting better child mental health, helping residents into work or being here to help through the cost of living crisis. We want to build on that progress. In the New Year the council will be launching a major new conversation, called Southwark 2030, asking people who live, work, study and visit the borough what the future should hold. To make sure we are asking the right questions, and reaching all our communities, the conversation will be co-designed by organisations who deliver services and play a lead role in our borough such as charities, voluntary groups, the NHS, cultural institutions and businesses.

We want our borough to be ready for the challenges ahead. The views of children and young adults in particular will be essential to the conversation because they will be living longest in the borough we build together.

In 2023, a small team of council-appointed researchers will begin talking with people across the borough to find out about their priorities for the future. You will be able to get involved in a range of ways from attending local events to an online survey. This is a project focused on people, so we can make Southwark a place where everyone can enjoy life for generations to come. The key areas to be explored are around what can be done to improve our homes, communities, neighbourhoods, where we work, where we come together, the services we use, and anything else important that we find out about along the way.

More details will be available soon so please keep your eyes open for more information on the council's website, social media channels and in libraries and council offices.



Go green this Christmas

It's the time of the year when we start getting ready for the festive season. It's also when we produce 30% more waste than at any other time of the year.

With the cost of living increasing and a climate emergency on our hands there's no better time to start thinking about how you can save money and work together to tackle the climate crisis. Check out the useful tips below to see how you can play your part!

Reuse

- * Get creative with stocking fillers, so instead of filling them with throw-away plastic, find secondhand books, sweets or presents that last.
- * If you're buying drinks on the go, why not warm your hands with a reusable coffee cup?
- * If you're thinking about getting a real tree, why not try a potted tree so it can be replanted and reused each year by someone else?

Reduce

- * Try the One Bag a Week Challenge. Reducing your rubbish is a simple thing you can do today to protect your local environment. Visit [southwark.gov.uk/one-bag-a-week](https://www.southwark.gov.uk/one-bag-a-week) for easy tips to take part.
- * Food waste makes up nearly half of the waste collected in Southwark's general rubbish. Plan your shopping carefully and only buy what you need. You can also get some recipes ready to use up any leftovers or freeze them. Remember, plate scrapings can be recycled using your food waste bin if you have one, or through composting. Following these simple steps can save the average family just over £40 per month.

Do you have a food waste bin but don't use it? Or maybe you don't have a food waste service on your estate and would like one? Let us know how we can improve the service at www.southwark.gov.uk/foodwastesurvey

Recycle

If everyone in Southwark used all the recycling services they currently have access to, our recycling rate could be as high as 48% compared to our current 35%.

- * Recycle your glass jars and bottles, aluminium cans, cardboard boxes and plastic pots, tubs and trays this season. This includes things like chocolate tins, plastic sweet tubs and wrapping paper.
- * When buying wrapping paper and cards, avoid glitter as this can't be recycled. Instead, use brown paper or newspaper to wrap your gifts and make your own cards.
- * If you have a real tree that can't be re-potted, don't forget to use the recycling service. Visit www.southwark.gov.uk/green-christmas to request a collection.
- * Don't put batteries or any electrical items in your household bins as they can start fires. Recycle them correctly by bringing them to the Southwark Household Reuse and Recycling Centre, or check the council website to find out where they can be recycled safely.

Your Waste and Recycling Collections this Festive Season

There will be no collections on Monday 26 December so your bins will be collected a day later than scheduled and some will be on a Saturday. Please see the table on the right for the revised schedule.

26 to 31 December	
If your normal bin day is...	Your revised collection day will be...
Monday	Tuesday 27 December
Tuesday	Wednesday 28 December
Wednesday	Thursday 29 December
Thursday	Friday 30 December
Friday	Saturday 31 December

COUNCIL CREATES 11 NEW COMMUNITY ALLOTMENTS

For the last two years we've been supporting residents to develop community food-growing plots across our council estates.

We work with groups of people who want to create and run food-growing projects. This helps turn a patch of land on their estate into plots for those who live there. We've helped to create 11 new gardens so far, with more coming soon.

Rockallot two, on the Rockingham Estate in Elephant and Castle, is one such garden. It is so named because of its predecessor, Rockallot one, which was built ten years ago. Rockallot one has a pond, beehives, raised-bed plots, and a long waiting list for those who want a spot there.

People at the Rockingham Estate developed plans for a second site, working with our Community Gardening Coordinators. Rockallot two opened on 26 March this year, with one person queuing from 5am to get a plot! The new garden has 20 plots, which were made available to people living on the Rockingham Estate for a small fee, and the school opposite also has one.

We help new growers with monthly training sessions. A community gardener shows people what they can grow, how to space their seeds and when to plant, as well as providing advice about pests, disease, feeding the soil and harvesting.

One of the plot holders, George Lloyd, is retired and lives on the Rockingham Estate with his wife Sandra. He was quick to put his name down for Rockallot two, having missed out on the first site. George has worked on his plot almost every day since it opened in March. He's already harvested tomatoes, beetroot, swede, carrots and potatoes; he's preparing his winter veg now.

George talked about the community at Rockallot two, he said: "It brings people together. I've lived here 35 years and I didn't know anyone. But with the allotment I know quite a lot of people now. We sit down on the bench and have a little chin wag. We also share veg, everyone's trying bits and pieces of everything else. I give some to my neighbour and we get apples, rhubarb and bay leaves from Rockallot one, everything's shared."

George also helps his daughter with her plot, he said: "She's never grown anything in her life, but she's picking up my green fingers from me, like I got them from my mum."

"I do spend a lot of time down there, there's always something to do. I think it's a good thing, there should be more allotments around."



People living on council housing estates can find out more about how to start a resident-led community allotment at: allotmentexpansionguarantee.commonplace.is/about

If you'd like to volunteer or get involved in an existing project, search the Southwark map of community gardens and allotments: www.goodtogrowuk.org/map/southwark/

COST OF LIVING HELP

We've launched our Here to Help campaign to support residents with rising costs this winter

We know that people in Southwark are struggling this winter, with increasing energy, food and other living costs. We also know the impact that financial stress can have on mental health and wellbeing. If you need extra support, Southwark Council is here to help.

Southwark Cost of Living Fund

The Southwark Cost of Living Fund launched this summer and has already given out £5 million in small grants to Southwark households. We will continue to give support from the fund during autumn and winter, with the total amount coming to £7.7 million.

The next round of funding will be for people with low incomes who do not claim benefits. These people miss out on much of the extra Government support available this winter and are less likely to be known to the council. We will be working with local community organisations to make sure we reach those in need.

Through the fund we will also help some of the most vulnerable households in our borough. This includes people who may get some government support (such as people with disabilities or long-term health conditions) but need extra help.

What help is available with energy bills this winter?

All households in the UK are getting a £400 discount to help with the cost of their energy this winter. Monthly discounts of £66 and £67 will be automatically applied between October 2022 and March 2023.

From October, the Energy Price Guarantee is reducing the cost of electricity and gas so that a typical household in Great Britain pays, on average, around £2,500 a year on their energy bills. This will be in place until April 2023, when the Government will decide on any further support.

There is also targeted support for residents claiming benefits:

- A £650 cost of living payment has been given to most people on means-tested benefits. The first payment (£326) was paid in July and the second (£324) in November.
- A £300 pensioner cost of living payment will be paid with winter fuel payments to all pensioner households across the UK.
- A £150 disability cost of living payment for those on an eligible UK disability benefit was paid from September.

Our cost of living webpages

If you need extra advice and support with rising bills or living expenses, visit our cost-of-living webpages at www.southwark.gov.uk/here-to-help

Benefit check

Make sure you are receiving any and all benefits that are available to you by using the Government's benefit checker at www.gov.uk/check-benefits-financial-support

HELP TO MAKE YOUR HOME WARMER AND REDUCE BILLS

If you own your own home or rent privately, you could be eligible for grants of up to £25,000 from the Mayor of London's 'Warmer Homes' fund that can be used to make heating, insulation and ventilation improvements to your home.

Find out how much you could be eligible for and how to apply: www.london.gov.uk/warmer-homes

You can also find everyday tips on how to save energy and reduce your bills on pages 20 and 21.

PENSION CREDIT

If you are 66 and over, you could be eligible for at least an extra £324 this winter - but you must apply now.

If you have reached pension age and are on a low income, you could be eligible for pension credit. This is a benefit which tops up your income and this winter makes you eligible for an extra cost of living payment - but only if you apply by 18 December. If you get Pension Credit you can also get other financial support, such as help with your heating costs through the Warm Home Discount Scheme, a council tax reduction, a free TV license if you're over 75 and more.

You can apply online at www.gov.uk/pension-credit

If you need support applying, you can call Age UK Southwark on **020 7358 4077**.



WARM SPACES

Even with some of the support announced, this winter will inevitably be one of the hardest the people of Southwark have ever faced.

We know people are already struggling to pay their debts and feed their families. With inflation currently around 11 %, interest rates rising, and energy bills set to increase again, many residents will soon be choosing between heating and eating.

We called on local businesses and organisations to help support their staff and local people in a variety of ways, including offering up their buildings as a Warm Space, with entertainment for specific communities like movie screenings or entertainers for older people or young families.

As we knew they would, organisations responded quickly and positively offering community spaces across the borough where people can go to stay warm, meet people and even be entertained this winter.



BLACKFRIARS SETTLEMENT
(Borough and bankside)
Join the group's club for older men, Forget-me-Nots club that helps older people maintain their memory, arts and craft socials or just enjoy the warm hub and read, use the internet or chat with other older people.



BRITISH LEGION
(Walworth and Elephant and Castle)
Southwark Royal British Legion Community Club will be opening 10am to 4pm on Mondays and Thursdays for refreshments and games.

CAMBERWELL LIBRARY
(Peckham and Camberwell)
All of our libraries have desk space, comfy places to sit, and plenty of books and periodicals for those who want something to read while they stay warm. People can stay in our libraries for as long as they need to, and our larger libraries are open all day. Libraries also offer cost of living support, computer use and a range of events and activities for families. Go to www.southwark.gov.uk/libraries for more information.

LORDSHIP LANE CHURCH (Nunhead and Dulwich)
Come down and join in the regular Tuesday coffee mornings, or Thursday lunch club that offers healthy and nourishing food from Black communities.



To find out more details including opening days and times, go to www.southwark.gov.uk/warm-spaces

BEWARE OF ENERGY SCAMS

With rising fuel bills and other cost of living worries this winter, you should look out for scams linked to energy bills support.

Reports of scam emails and text messages are increasing, with fake messages from the energy regulator Ofgem and GOV.UK falsely claiming to be about energy rebates. Many ask people to click on a link that takes them to a website where they are asked to enter personal information.

If you get a message or email that you think is a scam, contact the organisation directly from the details on their official website. If you think you have been the victim of scam, report this to action fraud at www.actionfraud.police.uk

COST OF LIVING ADVICE AND ROADSHOWS

Citizens Advice Southwark is running cost of living support roadshows where you can get advice and support with energy bills, rent and council tax arrears and other money worries. The next roadshows are:

- **Monday 16 January** between 10am and 1pm at Bells Gardens Community Centre, 19 Buller Close, Peckham SE15 6UJ
- **Monday 20 February** between 10am and 1pm at Time & Talents, Surrey Quays Shopping Centre, Redriff Road, Rotherhithe SE16 7LL

For problems with benefits, debt, housing, immigration, employment and a range of other issues, you can also call the free **Citizens Advice Southwark advice** line on **080 8278 7849**. Lines are open 9.30am to 4.30pm on Monday and Wednesday to Friday, and 9.30am to 7pm on Tuesday.

ENERGY SAVERS SERVICE

On 1 December 2022, the council will launch its new Southwark Southwark Energy Savers service, delivered by Citizens Advice Southwark. This will provide energy advice to local residents affected by rising energy bills and the cost of living crisis. To get help from this new energy advice service, call Citizens Advice on the number above, or go to www.southwark.gov.uk/energy-savers

GET FREE HEALTHY FOOD FOR YOUR FAMILY

Are you pregnant or have children aged under four? You could be eligible for weekly Healthy Start payments that you can spend on healthy food for you and your family.

Rose vouchers are also available for families living in SE1, SE5, SE15 and SE17 to buy fresh fruit and vegetables to support them to give their children the healthiest possible start.

Find out if you're eligible for either scheme and how to apply at www.southwark.gov.uk/free-healthy-food



FREE SCHOOL MEALS

Southwark Council is proud to be one of only four boroughs in the country to provide universal free healthy school meals to all children in our maintained primary and nursery schools. This not only supports families during the cost of living crisis, but also helps children with their learning and improves their nutrition and wellbeing.

Find out more at www.southwark.gov.uk/free-healthy-school-meals

Southwark is now asking the Government to make its own free school meals programme available to all primary school aged children across the country, and to change the rules so more secondary school pupils from struggling families are given free school meals.

If your child is eligible for the government's free school meals you should apply for the discount through your school, even if your child gets meals through the council's scheme. This will help your school and the council with funding.

FREE HEALTHY MEALS AND ACTIVITIES FOR YOUNG PEOPLE

This winter, Southwark Council will be running a Winter of Food and Fun holiday programme. Free places are available for children aged between 4 and 16, who get benefit-related free school meals. Each programme will provide:

- Free, healthy and tasty food
- Fun physical activity sessions
- A wide range of other activities to suit different ages and personalities
- Opportunities to learn more about food and nutrition for children and families

The winter programme will run between Monday 19 December and Friday 30 December, not including bank holidays. Details about how to sign up are at www.southwark.gov.uk/food-fun-winter2022



BOOST YOUR IMMUNITY THIS WINTER

FLU + COVID-19 BOOSTER VACCINES

COVID-19 and flu spread more quickly in winter and can cause serious illness. If you're over 50, in an at-risk group or pregnant you are eligible for a free flu vaccine and a COVID-19 booster. Many children are also eligible for a free flu nasal spray vaccine.

GET BOOSTED. GET PROTECTED.

Find out how to book at nhs.uk/wintervaccinations

ARE YOU A GREEN SAVER?



Join our campaign to reduce your carbon footprint and save money

We're all feeling the pinch these days, from how much it costs to heat our homes to the price of food at the supermarket. We also know our borough is full of savvy residents, each with their own ways of keeping down the cost of everyday living.

But, did you know that lots of money-saving tricks can also help to reduce your carbon footprint and protect our environment?

This autumn we've launched our Green Savers project, where we are helping residents across Southwark to learn and share simple green tips to save some money. Sign up to our newsletter to be a part of it www.southwark.gov.uk/greensavers

TRY STARTING WITH THESE TIPS



Microwave more meals

A microwave uses significantly less energy than either a gas or electric oven, so you will be saving on your energy bills.



Travel by walking and cycling

An easy way to save money on things like fuel and parking costs is to choose to walk or cycle for your local journeys.



Switch lights and devices off when you don't need them on

Devices left in standby mode still use electricity. The Energy Saving Trust estimates turning off your lights and devices could save you £90 a year and reduce your carbon emissions.



Stick to your shopping list

Try to buy just what you need and avoid wasting food. According to Love Food Hate Waste, the average family wastes £720 a year in food it throws away. Globally, food waste contributes to about 7% of all greenhouse gas emissions.

Head to www.southwark.gov.uk/greensavers to sign up for more tips each month and get helpful recipes, tools and step-by-step guides.

SHARE YOUR TIPS WITH US

What else do you do to save money and energy at home? Send your tips to us so we can share the knowledge and help all of us to keep our bills down.

Email greensavers@southwark.gov.uk, or share on social media with the hashtag [#Southwarkgreensavers](https://twitter.com/Southwarkgreensavers)

HAVE YOURSELF A CLIMATE-FRIENDLY CHRISTMAS

How do we make the festive period better for the environment? It can be hard, but here are few things that you could consider trying this year:

BUYING LESS

It is easy to get excited and buy more food than you need. Planning your Christmas meals and keeping to a list means you'll only buy what you need, and save some money.

SUSTAINABLE WRAPPING

Using recyclable wrapping paper (not metallic, glittery or plastic), or a reusable gift bag, helps to reduce to amount of waste going to landfill.

GIFTING CONSCIOUSLY

When buying presents, look at the materials that items are made from and try to avoid single-use plastic items that can't be recycled. Buying unique second-hand and vintage items can also be a great way to gift sustainably.

MAKE YOUR TREE LAST LONGER

Buy an artificial Christmas tree to reuse each year. Better still, you won't have to clean up all of those dropped tree needles.

MAKE YOUR OWN

What if you made your own unique Christmas decorations instead of buying new ones? If you still have last year's Christmas cards, you could also try using them for decorations or gift tags.

SOUTHWARK CLIMATE CONFERENCE

Our Climate Conference is just around the corner – a chance for the borough to get together and plan how we reach net-zero by 2030. We will be holding the next conference in early 2023. More details will be announced nearer the time – sign up to our climate newsletter to get any updates sent straight to your inbox at southwark.gov.uk/climateneewsletter



Doing the Southwark Walk

Now is the perfect time to get out and about in Southwark's many parks for a brisk, healthy walk

Walking regularly is well known to be good for your health. It's great exercise, it improves your mood and it gives you some quiet time to gather your thoughts and recharge your batteries.

Summer days can be very hot but autumn and early winter can provide a cool, comfortable climate for walking. It's also the perfect time to enjoy the beautiful, rich seasonal colours of the trees and foliage that fill our parks, alongside a vast array of birds, insects and animals.

Despite being an inner London borough, Southwark is home to more than 363 parks and open spaces totalling around 599 hectares of green space. That's the equivalent of around 1,120 football pitches. So, no matter which part of the borough you live or work in, you don't have to go far to find a peaceful space in which to get a break from city life.

Add to that the many pleasant waterside walks – including the borough's Thames-side paths and the various routes that wind their way around the old docks – and you could walk for days without ever having to retrace your steps.

This year the council scooped more Green Flag Awards than any other borough apart from one for keeping our parks in great condition. Alongside all the sports and play facilities, the outdoor gyms, cafés and gardens, many of our parks also feature wild planting, mature trees, ponds, woods and dedicated nature areas.

So, on your next walk in a Southwark, why not try and spot some wild planting or some of our best trees. To get you started we've produced a guide to six of the favourite trees dotted throughout our borough. How many will you spot on your next walk?

Did you know?

		
Southwark Council planted more than	We look after	We want
1,700	91,000	100,000
new trees	trees	trees,
in the last two years.	on council land.	and are working to make Southwark the first Inner London borough with this many.

1. The Oak of Honour

One Tree Hill. This Oak is named after and roughly on the spot of the original Oak of Honour, where Queen Elizabeth the First is said to have rested on a visit to Lewisham.



Some of our favourite trees

This year we've been celebrating some of Southwark's finest trees.

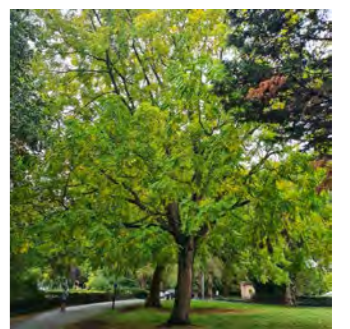
2. Oriental Plane

St Giles Churchyard, Camberwell. This Plane tree is fancier than the common London Plane. It is more squashed than is typical, and is probably one of the oldest Oriental Planes in Southwark.



3. Black Walnut

Southwark Park. This could easily be the only Black Walnut in Southwark. They come from North American where the hard, dense, and resilient qualities of the wood, make it a popular material for made-to-measure gunstocks.



4. Dulwich Park Oak

Dulwich Park. This Oak tree is known locally as the toilet oak... because it is close by a toilet block, which you can see in the bottom right of the picture!



6. Schinus molle

Burgess Park. This tree is one of a pair, they're known as Peruvian Pepper trees. The Peruvian Pepper tree is an evergreen that is not often seen in London. It comes from southern Brazil and the Peruvian Andes and copes better than most in a drought.



5. Ginkgo Biloba

St Mary Magdalen Churchyard, Bermondsey. You can recognise this tree by its unusual leaves. The Ginkgo Biloba comes from China, where some make 50 metres tall. They produce attractive, fruitlike, yellow-brown seeds, which smell like rancid butter or vomit when crushed!



Stay healthy this winter

During winter it can be harder to keep well and we are more vulnerable to some health conditions. Here are a few things you can do to help keep yourself well this winter.

Get a COVID-19 vaccine: boost your immunity

Boost your immunity this winter by taking up a free COVID-19 vaccination if you're eligible. You can get a booster if you're:

- aged 50 or over
- pregnant
- aged five and over and at high risk, or living with someone at risk
- aged 16 and over and a carer
- a frontline health and social care worker.

You can also still get a first or second dose of the COVID-19 vaccine if you've not had one yet.

To get a COVID-19 vaccination:

- Go to www.nhs.uk/covid-vaccination to book or for walk-in clinics
- Call **119** (support in 200 languages)
- If you have difficulties communicating or hearing, or use British Sign Language (BSL) use textphone 18001 119 or the NHS 119 BSL interpreter service (signvideo.co.uk/nhs119).



Free flu vaccines: boost your immunity

Flu (influenza) is a very common and infectious illness. It is much more severe than the common cold. If you get flu it often results in at least two to three days in bed, leading to missed work or school days. More people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic.

The flu vaccine is safe and effective. It's safe to have it at the same time as a COVID-19 vaccine (see above). Most children will get the vaccine as a spray in each nostril.

The vaccine is offered to people most at risk of getting seriously ill from flu, or who are most likely to pass it to other people at risk including:

- children aged 2 to 10-years-old
- pupils in year 7, 8 and 9
- people aged 50 years and over
- people in clinical risk groups
- health and social care workers
- pregnant women.

School-aged children and young people will be offered the flu vaccine in school. If you fall into the other eligible groups, you can have the NHS flu vaccine at a pharmacy offering the service, your GP surgery or your midwifery service if you're pregnant. Get the flu vaccine if you're invited or find out more at nhs.uk/flujab.

Stay healthy this winter



Aged 40 to 74? Get your NHS Health Check

The free check can help spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions.

You're eligible if you are 40 to 74 and don't have a pre-existing condition including heart disease, diabetes, stroke, high blood pressure, inherited high cholesterol, or you're taking statins to lower your cholesterol.

You should get invited every five years. If not you can contact your GP surgery to book one.

Find out about the test and how to improve your results at www.nhs.uk/nhshealthcheck



Stop cancer before it starts: use your bowel screening kit

If you're aged over 56 and registered with a GP, you will be sent a NHS bowel cancer screening kit through the post. The kit tests for early signs of bowel cancer. Bowel cancer is one of the most common cancers. Anyone can get it. The test can help prevent bowel cancer or find it at an early stage when it's easier to treat.

The test is easy to do and does not hurt. You provide a small sample of poo that you post back to the NHS in the kit from a post-box (you don't need a stamp). Your sample is checked in a lab for tiny amounts of blood. Blood can be a sign of polyps or bowel cancer. Polyps are growths in the bowel. They are not cancer but may turn into cancer over time.

Return your kit today and you could stop bowel cancer before it starts.

Find out more: nhs.uk/bowelscreening

Get medicines or health care advice free from your local pharmacy

Are you registered with a Southwark GP and do you get your prescriptions free? If so, you can get certain medicines free from your local pharmacy without needing to visit your GP. If you pay for your medicines you can still get free advice.



Once you are registered, the Pharmacy First scheme provides professional health care advice, treatments, and medicines for common illnesses from your local pharmacy, without the need for an appointment.

The conditions include allergies and hay fever, athlete's foot, cold sores, conjunctivitis, coughs and colds, earwax, headache, head lice, indigestion, mouth ulcers, nappy rash, piles and teething.

To find out which pharmacies are part of the scheme, look for the logo, ask your pharmacist or find out more at www.selondonics.org/in-your-area-southwark-pharmacy-first-scheme



Hard times

The more things change, the more they stay the same

Hard times are hard, whenever they occur. But hard times also showcase the local community at its best, looking out for its most vulnerable members. We can see this in the archive, as communities pulled together when the cost of living went up.

Other times, the cost of living rose because of national and international politics. When work was short, the dock was on strike, or the cost of food went up, it hit many families hard. In some cases, neighbours stepped in to help each other. The 1972 film *We Was All One*, which you can view in the archive, focusses on how the Bermondsey community pulled together in hard times. Clara Stock, the namesake of Elephant Park's Stock House, is another example of a good neighbour lending a hand. She and her husband Arthur, who married in 1887, lived in Ash Street with their 16 kids, so money was tight. But not too tight to share. When she started cooking, the cry would go up: "Mrs Stock's got the stew pot on!", and any children in the neighbourhood needing a meal were welcome to join in.

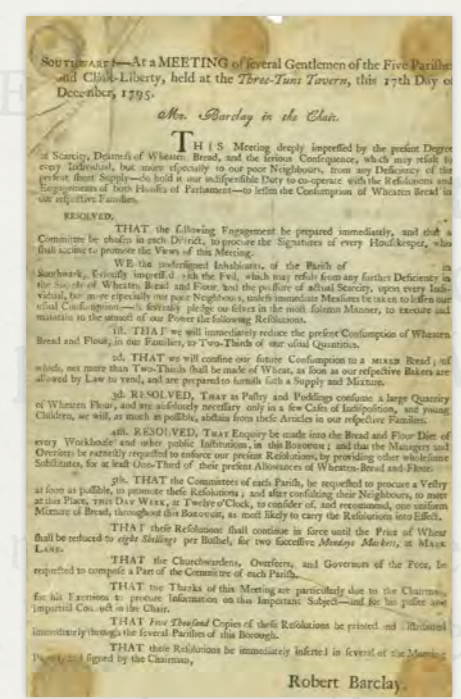
In July 1911, the men working on the docks in Bermondsey went out on strike. The next month, women working in local factories joined in, leaving many families facing destitution. Ada Brown Salter, a local social worker and activist, stepped in to organise food depots and relief kitchens from London Bridge to Woolwich – and again during the general strike of 1926. For this work, predecessors of the GMB and Unite unions awarded her honorary life membership.

Sometimes that was because of natural disasters. January 1795 was the coldest month ever recorded in England. The cold, and floods in central England in February, led to widespread crop failures. As the price of bread rose, the "revolt of the housewives" started. In March, riots - often spearheaded by women - took place to force redistribution of stored food.

The council also played a role in protecting the community from the rising cost of living. In the aftermath of the First World War, disruption to trade and supplies meant that some firms and traders made more money by hiking their prices, giving themselves unreasonably – and sometimes immorally – large profits. In response, the government passed the Profiteering Act of 1919. This act gave the Board of Trade – and through it, local councils – the power to set up profiteering tribunals. These could review prices, investigate complaints, and order refunds where necessary. In October 1919, a local newspaper noted that the metropolitan borough of Bermondsey's profiteering tribunal had recently appointed a female inspector. In essence, she was an undercover shopper for the tribunal. Her role included making purchases as part of prosecutions, visiting local shops to compare their prices, and listening to, and following up on, the complaints of local housewives.

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A flyer in the archive tells the local story. On 17 December, a group of "...gentlemen of the five parishes and the Clink Liberty", led by local brewer Robert Barclay, met at the Three Tuns pub (on the current site of 87 Borough High Street). They were concerned with "...the pressure of actual scarcity [of staple foods] upon every individual but more especially our poor neighbours" and looking for ways to help. They pledged to cut their household bread consumption by a third, stop eating pastries and puddings, and to move to bread containing at least one-third non-wheat flour as soon as it was legal to produce such bread. They hoped that doing so would make bread less scarce and expensive.



During the late 1970s, inflation and the rising cost of living ate away at residents' buying power. A decade or so later, a property boom and bust hit Southwark hard. In February 1989, the London Research Centre noted that rising interest rates meant that people needed a 10% pay rise just to keep up with the rising costs of a mortgage. In October 1990, it reported that mortgage arrears were at an all-time high and by late 1992, the South London Press reported that half of people who'd bought houses in Peckham, Southwark and Bermondsey in the last five years had negative equity.

Decades later, in 1969, Southwark was one of the first London boroughs to create a specialist consumer advice service. In February 1975, the Southwark Consumer Advice Centre – the "shoppers' shop", as its leaflets proclaimed – opened on Walworth Road. The Walworth Road site housed the council's Trading Standards and public control staff and street market inspectors. For locals, the shoppers' shop offered a reading space with the full range of "Which?" magazines, meeting space for educational work, exhibitions (like one in September 1975 on how to get the best buy on a washer), and rooms for one-to-one consultations.

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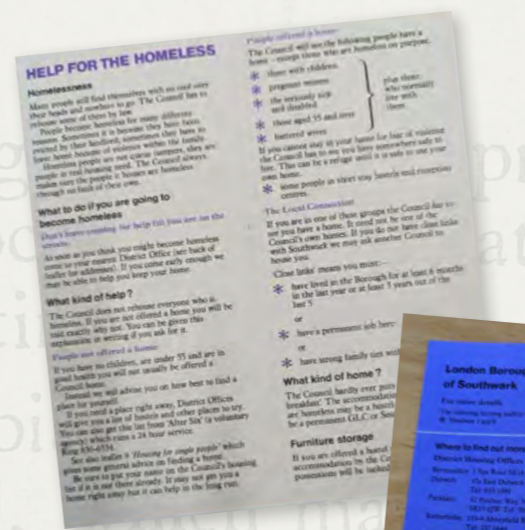
▲ Benefits under threat poster in SGTO newsletter, c 1985
SGTO Newsletter Sep 1986 ▶

▲ Flyer advertising housing finance workshop c 1985

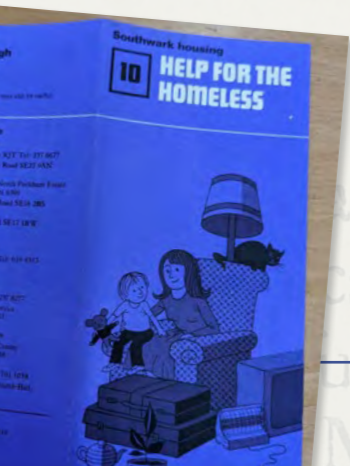
Over the years, the Centre's basic mission changed. Trading Standards Officer Bill Yoxall was blunt in an interview with Southwark Sparrow staff in August 1981: "...now we have evidence of deteriorating living standards, increasing rent and rate [council tax] arrears and falling income levels. I believe our way ahead is clearly in the field of money advice, debt counselling, and how to balance your budget."

shop offered. Some explained how contracts, insurance, and guarantees worked – and didn't work. Another offered advice on shopping for big-ticket items like cars and furniture. Two others offered advice on "what to do if you're in debt" and "what to do if you're sued for debt" – with the critical message "take action as quickly as you can – if you avoid the situation it will get worse". This message remains the same today. Please get in touch with our advice services if you need help. See pages 15 to 18 for more details.

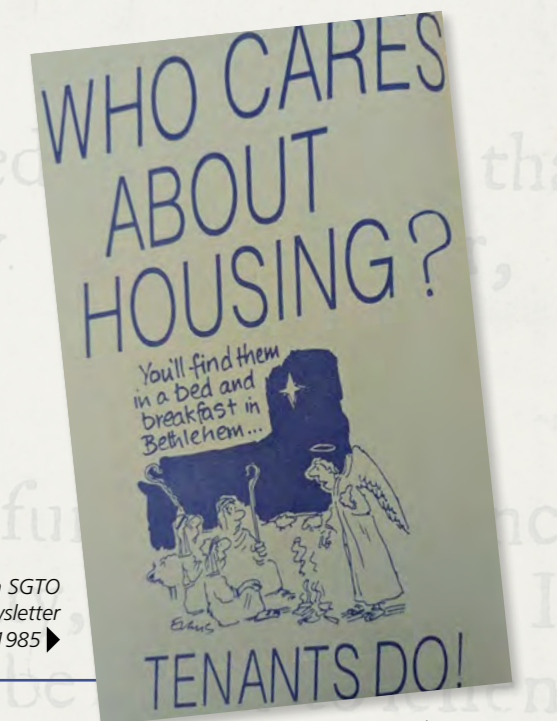
By 1985, the public protection service was lobbying Parliament and the Office of Fair Trading to amend the rules about electricity in rented homes – some landlords were using the rules of the time to charge their tenants outrageously inflated fees, then evicting tenants who complained. The archive holds a selection of the Consumer Advice Centre's leaflets. They stress the financial advice the shoppers'



SC homeless help info guide 1979



Flyer in SGTO newsletter c 1985 ▶



Events calendar

Autumn/Winter 2022

Scroogelicious



A big-hearted production based on Charles Dickens' immortal classic A Christmas Carol, written by Geoffrey Aymer (script and lyrics) and Jordan Xavier (music). Feel-good, funny and full of joy, this cracker of a production immerses the community in this uplifting Christmas tale. Theatre Peckham Scroogelicious fills the auditorium with music, mischief and merriment. Suitable for all ages. Running time: 2 hours with interval.

Runs to Friday 23 December 2022, various time, see website for details

£5 to £15

Theatre Peckham

www.theatrepeckham.co.uk/show/scroogelicious/

Pinocchio



Unicorn Theatre's Artistic Director Justin Audibert directs Eve Leigh's dazzling new adaptation of this much-loved family favourite, Pinocchio. This classic story of Geppetto, a lonely carpenter who wishes that the wooden puppet he has carved and named Pinocchio, becomes a real boy. With a touch of magic from the blue fairy, enter a world of gingerbread villages and snow-capped mountains in this captivating adventure of friendship and family as Pinocchio overcomes temptation and finds courage and love in the face of fear and danger. A family show for everyone 7+

Runs now to Saturday 31 December 2022, various time, see website for details

£11.50 to £21 (under 18s), £14 to £29.50 (adults). Conc £3 off. Box Office 020 7645 0560

Unicorn Theatre

www.unicorntheatre.com

The Bolds Online



The fun and festive five-star show is re-released this Christmas so everyone can cosy up with their loved ones and enjoy for free this hilarious, joyful show about a family of hyenas living in Teddington. Based on the much-loved children's books by Julian Clary, The Bolds are just like you and me. They live in an ordinary house on an ordinary street, and they love to laugh. But there's one slight difference. They are actually hyenas! Combining live music and songs by Julian Clary and Simon Wallace, The Bolds will have you laughing like a bunch of, well, hyenas, in a show which revels in the joy of being anything but ordinary. For everyone aged 6+. Duration: 1 hr 50 mins

Available online from 1 to 31 December 2022

Free

Unicorn Theatre

www.unicorntheatre.com

SOUTHWARK PRESENTS

For details of these and more events around the borough visit www.southwark.gov.uk/southwarkpresents

A Topsy Turvy Christmas

Christmas is Robin's favourite time of year. But this year everything is different. It only gets more peculiar when she is transported into one of her presents! Suitable for all the family but aimed at ages 4 to 8 years.

Saturday 10 December and Sunday 18 December, 2pm and 4.30pm

£5 General admission, £3 Southwark Resident

Blue Elephant Theatre

www.blueelephanttheatre.co.uk/topsy-turvy-christmas

Bloomberg New Contemporaries 2022

Bloomberg New Contemporaries exhibition of emerging and early career artists returns to the South London Gallery for the fifth consecutive year. The 2022 edition includes artists selected through an open submission by internationally renowned artists Zadie Xa, Veronica Ryan and James Richards.

9 December 2022 to 12 March 2023 Tuesday to Sunday, 11am to 6pm

FREE

South London Gallery

www.newcontemporaries.org.uk/exhibitions-and-events/exhibitions/bnc22-south-london-gallery



A Christmas Carol

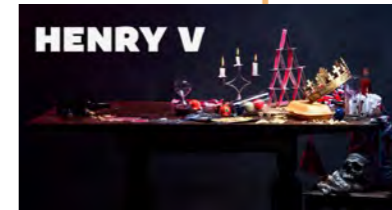
A Christmas Carol didn't just invent Christmas as we know it. It's also scary, joyful, spooky, hilarious, furious, beautiful, and a triumphant declaration that even the hardest heart can melt. Three outstanding actors – Simon Russell Beale, Eben Figueiredo and Lyndsey Marshal – come together to tell the story and play all the parts.

6 December to 31 December 2022, various time, see website for details

Tickets available from £15

Bridge Theatre

bridgetheatre.co.uk/whats-on/a-christmas-carol/



Henry V

A young, newly crowned king is eager to assert power at home and abroad. When a humiliating message arrives from overseas, a bruised ego leads Henry to double down on a military invasion, at a devastating cost.

On till 4 February 2023, various time, see website for details

£5 to £62

Shakespeare's Globe

www.shakespearesglobe.com/whats-on/henry-v-2022/

London Bridge Visitor Information Kiosk

If you're visiting the London Bridge area over Christmas, maybe taking in a show at the Unicorn Theatre or doing some gift shopping, call into our Visitor Information Kiosk at London Bridge Station to find out more about what's on in the area over the festive season.

Open Tuesday to Sunday, 11.30am to 7.30pm

FREE

London Bridge Station, lower concourse

www.atlondonbridge.co.uk

The Fir Tree

Experience the magic of Christmas in the Globe Theatre with all the family in our re-imagining of Hans Christian Andersen's fairy tale. Join us for a wonderfully festive dose of storytelling, puppetry, song and hope under the wintry star-lit sky.

15 to 31 December 2022, various time, see website for details

£5 to £62

Shakespeare's Globe

www.shakespearesglobe.com/whats-on/the-fir-tree-2022/



The Winter's Tale

King Leontes falsely accuses his heavily pregnant wife of infidelity with his best friend. Consumed by jealousy, he makes a series of catastrophic decisions that tear his family apart and leaves his newborn daughter abandoned. Sixteen years later, can time bring healing and reconciliation?

9 February 2023 to 16 April 2023, various time, see website for details

£5 to £62

Shakespeare's Globe

www.shakespearesglobe.com/whats-on/the-winters-tale-2022/

Guys & Dolls

Join us for Guys & Dolls as The Bridge transforms for one of the greatest musicals of all time. The seating is wrapped around the action while the immersive tickets transport you to the streets of Manhattan and the bars of Havana in the unlikely of love stories.

27 February to 2 September 2023, various time, see website for details

From £19.50

Bridge Theatre

bridgetheatre.co.uk/whats-on/guys-and-dolls/



War Games: Real Conflicts | Virtual Worlds | Extreme Entertainment

The UK's first exhibition to explore what video games can tell us about conflict, *War Games: Real Conflicts | Virtual Worlds | Extreme Entertainment*, delves into one of today's most popular storytelling mediums with immersive installations, never-before-displayed objects and perspectives from industry experts.

Open now until 28 May 2023, 10am to 6pm daily

Free

IWM London

www.iwm.org.uk/events/war-games

Ukraine: Photographs from the Frontline

Continuing its tour from IWM North in 2022, *Ukraine: Photographs from the Frontline* displays images from renowned photojournalist Anastasia Taylor-Lind, taken during her time in Ukraine between 2014 and June 2022, documenting the devastating reality of living amidst conflict.

3 February to 7 May 2023, 10am to 6pm daily

Free

IWM London

www.iwm.org.uk/events/iwm-london-ukraine-exhibition

Hakawatis

A tyrant weds, beds, and beheads a new bride every day. Years later, only five brides-in-waiting remain. These women are unapologetic and united in their fight to keep themselves alive. You've never heard their stories this way before.

1 December to 14 January, various time, see website for details

£5 to £62

Shakespeare's Globe

www.shakespearesglobe.com/whats-on/hakawatis-women-of-the-arabian-nights-2022



Christmas in the Sunshine

This Christmas Elias is going to visit his family in the Caribbean for the first time. He gets to go to the beach, play in the sunshine, and there'll be a big party. It's going to be the best. But he has one worry – will it still feel like Christmas? After all, in London it's usually really cold, he gets to decorate the Christmas tree and drink lots of hot chocolate. He's definitely never left a mango out for Santa before. For ages 3 to 6. Running time: Approx. 50 mins

Now to Saturday 31 December 2022, various time, see website for details

£13 to £20.50 (under 18s), £19 to 25.50 (adults) Concessions: £3 off

Unicorn Theatre

www.unicorntheatre.com

BUSINESS FRIENDLY SOUTHWARK

We know that businesses are working hard to overcome the ongoing economic challenges.

To help businesses in the current climate, we have launched our new Southwark Pioneers Fund, which helps start-ups and small businesses to grow. And as local businesses continue to face increasing costs, we share below some of the business support available to build financial resilience. You will also find information on the support available to recruit and retain local talent, benefitting both businesses and the community.

NEW SUPPORT TO START AND GROW YOUR BUSINESS: SOUTHWARK PIONEERS FUND

If you are a local business founder or aspiring entrepreneur who wants to start or grow a business, the Southwark Pioneers Fund can help you reach your full potential.



The Fund offers two programmes for entrepreneurs at different stages. Launchpad supports entrepreneurs to launch their business idea, and Grow Your Enterprise supports micro-business owners to scale up and take their business to the next level.

Find out more at: www.southwark.gov.uk/business/business-support-and-advice/southwark-pioneers-fund

NEW COST OF LIVING ADVICE AND SUPPORT

The Government has announced an Energy Price Guarantee for Businesses meaning they will have their energy costs capped for six months at the same price per unit as households. Find out more at: www.gov.uk/guidance/energy-bill-relief-scheme-help-for-businesses-and-other-non-domestic-customers



We have also published a list of services and support available to local businesses during these challenging times, at: www.southwark.gov.uk/business/business-support-and-advice/cost-of-living-support-for-businesses

HELPING BUSINESSES TO PROMOTE JOB OPPORTUNITIES TO YOUNG PEOPLE



Businesses in the borough are encouraged to provide job opportunities for young people, helping us to develop our future talent and reduce the barriers many young people face. We can help promote these opportunities in the following ways:

1. Through our digital youth hub OneHub, which enables young people to find comprehensive, easy-to-navigate, and up-to-date information on activities and opportunities in Southwark. Go to www.onehubsouthwark.co.uk
2. Businesses that have job or training opportunities for 16 to 24-year-olds may be able to share them via our regular Youth Opportunities newsletter.

NEW LIVING WAGE RATE ANNOUNCED

The real Living Wage is a voluntary wage paid by businesses who believe their staff deserve a fair wage that meets every day needs.

The Living Wage rate has increased to £11.95 and businesses have until May to re-accredit and uplift their staff to these new rates. Accreditation can help businesses overcome recruitment and retention challenges.



Find out more at: www.livingwage.org.uk/become-a-living-wage-employer

The current London Living Wage is £11.95 per hour. To find out more about being an accredited Southwark Living Wage employer contact oli.newnam@southwark.gov.uk.

WE'RE HERE TO HELP

For regular updates on business support, opportunities and guidance, sign up to our business e-newsletter at www.southwark.gov.uk/business/business-support-and-advice/business-e-newsletter. As always, we're on hand to answer any business-related questions you might have at: SouthwarkBusinessDesk@southwark.gov.uk



“Nice
uniform”



See it through a girl's eyes.

Stop the harassment they face from men and boys.



←
Watch the video

southwark.gov.uk/through-her-eyes

Southwark
Council
southwark.gov.uk