

# Appendix 1: Our Action plan. Preventing Suicides in Southwark 2023-2028.

The following action plan brings together key activity to reduce self-harm and suicide in Southwark and sets out recommendations for action across five key priority areas. The priority areas were built around recommendations outlined in the national Suicide Prevention Strategy and tailored to local needs, as identified through stakeholder engagement and data analysis.

## 1. Reducing the risk of suicide, attempted suicide and self-harm in high risk groups

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
<b>People who have presented to healthcare or other settings following self-harm or attempted suicide, or have disclosed self-harm or attempted suicide to relatives, friends, professionals or others</b>					
1.1. Conduct a review of the services available to individuals facing crisis and their families. The review will: <ul style="list-style-type: none"> <li>• Complement and build on previous crisis service mapping exercises</li> <li>• Map all services across the spectrum of crisis service provision (from community to secondary care)</li> <li>• Outline which services are/are not available to CYP, people with</li> </ul>	<ul style="list-style-type: none"> <li>• Mapping of current services with gaps in crisis service provision and recommendations identified</li> <li>• Recommendations presented to stakeholder group and suicide prevention community network</li> </ul>	March 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>• SLaM (Crisis Services Improvement)</li> <li>• ICB/Partnership Southwark</li> <li>• Primary care</li> <li>• Community Network members</li> <li>• Children and Young People's</li> </ul>	Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstreams 3 and 5

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
<p>specific diagnoses (e.g. personality disorders), those who have previously attempted suicide and those already known to mental health services, in order to identify gaps for these groups</p> <ul style="list-style-type: none"> <li>• Include an engagement exercise to understand service users' experiences of the crisis services</li> </ul>				Emotional Wellbeing and Mental Health Steering Group	
<p>1.2. Raise awareness of crisis pathways and services (including those available for people with specific diagnoses or groups that are excluded from general services), amongst relevant healthcare professionals and other people who work with at-risk individuals.</p>	<ul style="list-style-type: none"> <li>• Development of a usable resource (e.g. a flowchart) detailing information about crisis services</li> <li>• Dissemination of resource to healthcare professionals and others who work with at-risk individuals</li> <li>• Promote Southwark Community Sanctuary to local VCS organisations who are now able to refer individuals to the service</li> </ul>	End of strategy	<p>SLaM Southwark Council Public Health</p> <p>Southwark Council Communications</p> <p>SEL ICS Communications</p>	<ul style="list-style-type: none"> <li>• SLaM (Crisis Services Improvement)</li> <li>• Primary care</li> <li>• Community Network members</li> </ul>	Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstreams 3 and 5
<p>1.3. Upon launch of the “111 press 2” service across South London, work with partners to raise awareness of this service amongst healthcare professionals and residents.</p>	<ul style="list-style-type: none"> <li>• Proportion of residents who are aware of the service</li> </ul>	End of strategy	SLaM (Crisis Services Improvement)	<ul style="list-style-type: none"> <li>• Southwark Public Health</li> <li>• Community Network members</li> </ul>	

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
			Southwark Council Communications		
1.4. Review SLaM policies on assessment and management of risk of self-harm and suicide, in line with NICE guidelines on Self-harm: assessment, management and preventing recurrence and NCISH guidance on assessment and response to clinical risk in mental health services.	<ul style="list-style-type: none"> <li>Review completed and shared with stakeholder group</li> </ul>	December 2025	SLaM (Suicide Prevention Group)		
1.5. New SEL Mental Health Self-Harm Pilot (which includes Southwark)	<ul style="list-style-type: none"> <li>MH liaison nurse to provide specialist self-harm support to patients</li> </ul>	End of 2024/25	SEL ICB Suicide Prevention Steering Programme		
1.6. Southwark Suicide Prevention Stakeholder members to share learning across system wide partnership groups (for example Southwark Safeguarding Adults and Children boards), this could include learning from rapid reviews and serious case reviews.	<ul style="list-style-type: none"> <li>Summary of new learning shared with stakeholder group members annually</li> </ul>	End of strategy	All stakeholders		
<b>Those with mental health conditions, including those known to mental health services</b>					
1.7. Raise awareness of, and improve access to, community mental health	<ul style="list-style-type: none"> <li>Establish integrated neighbourhood teams</li> </ul>	End of strategy	ICS (Southwark Place)	<ul style="list-style-type: none"> <li>Southwark Public Health</li> </ul>	Community Mental Health

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
<p>services, including through development of integrated neighbourhood teams and new roles including primary care mental health practitioners and wellbeing hub outreach workers.</p>	<ul style="list-style-type: none"> <li>Develop and embed new roles including primary care mental health practitioners and wellbeing hub outreach workers</li> </ul>		<p>SLaM (Community Transformation Steering Group)</p>	<ul style="list-style-type: none"> <li>Primary care</li> </ul>	<p>Transformation Programme Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstreams 2 and 8</p>
<p>1.8. Ensure front line staff and volunteers who come into contact with people at risk of suicide are equipped to provide appropriate support by providing Mental Health First Aid (MHFA) and suicide prevention training to front-line staff across the Council, other public services and voluntary community sector organisations (VCS) organisations. The uptake of free online training (such as the Zero Suicide Alliance Suicide Awareness Training) will also be encouraged into these groups.</p>	<ul style="list-style-type: none"> <li>1000 people trained in MHFA</li> <li>1000 people trained in suicide prevention</li> <li>90% of people who respond to post-training survey indicating that they feel confident in using the skills learnt</li> <li>80% of those who complete the training offered 3-month check-in session</li> <li>Training offer to extend to voluntary community sector organisations who support higher risk residents, the social housing sector, the criminal justice sector, teams who support those in difficult economic circumstances, faith and community communities and those who work in construction industries</li> <li>Zero Suicide Alliance Suicide Awareness Training to be promoted</li> </ul>	<p>End of strategy</p>	<p>Southwark Council Public Health</p>	<ul style="list-style-type: none"> <li>Community Network members</li> <li>Southwark Council Communications</li> </ul>	<p>Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstream 1</p>

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
	across the Borough and to all council staff				
1.9. Reduce social isolation and loneliness, by creating a place where people feel connected and where loneliness is tackled as early as possible.	<ul style="list-style-type: none"> <li>Delivery of Making Every Contact Count training to staff working regularly with people at risk of severe loneliness or isolation.</li> </ul>	December 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Community Network members</li> </ul>	Southwark's Joint Health and Wellbeing Strategy 2022 - 2027
<b>People with drug and alcohol use disorders</b>					
1.10. Develop an action plan to support individuals with dual diagnoses (mental health conditions and drug or alcohol problems), which aims to: <ul style="list-style-type: none"> <li>Improve system working and reduce barriers to care between drug and alcohol support and recovery services, mental health services and primary care.</li> <li>Support implementation of a dual diagnosis pathway in line with the recommendations from the Independent review of drugs by Dame Carol Black.</li> </ul>	<ul style="list-style-type: none"> <li>National Drug and Alcohol Treatment Monitoring System performance data linked to data on mental health service use amongst clients accessing substance misuse treatment</li> </ul>	End of strategy	Southwark Combatting Drugs Partnership	<ul style="list-style-type: none"> <li>Southwark Public Health</li> <li>ICS</li> <li>SLaM</li> </ul>	<p>Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstream 15</p> <p>Combatting Drugs Partnership</p>
1.11. Provide suicide prevention and trauma-informed care training to members of the drug and alcohol workforce	<ul style="list-style-type: none"> <li>Number of substance misuse staff trained in suicide prevention and trauma-informed care</li> </ul>	End of strategy	Southwark Council Drug and Alcohol Team	<ul style="list-style-type: none"> <li>Southwark Public Health</li> </ul>	
1.12. Support SEL Reducing Access to Medication as Means of Suicide (RAMMS) Initiative.	<ul style="list-style-type: none"> <li>MECC, Suicide Prevention and MHFA training offered to all Southwark-based pharmacists</li> </ul>	End of 2025	Southwark Council Public Health		

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
			SEL ICS Mental Health Transformation		
<b>People in contact with the criminal justice system</b>					
1.13. Organise a roundtable of partners from across the criminal justice system to consider actions to prevent suicide and self-harm amongst people in contact with the system. Relevant partners include the HM Prison and Probation Service, Criminal Justice Boards, prison governors, custody officers and support services, Youth Offending Service and institutions, Criminal Justice Mental Health Service, Appropriate Adult scheme, HM Courts & Tribunals service, relevant voluntary organisations and people with lived experience.	<ul style="list-style-type: none"> <li>Roundtable complete</li> <li>Actions and plan for follow-up written up and disseminated</li> <li>Offer of Suicide Prevention, MECC and MHFA training made to roundtable members</li> </ul>	December 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Criminal Justice partners</li> <li>ICS</li> <li>Community Network members</li> </ul>	
<b>People belonging to particular demographic groups that are known to experience higher rates of suicide and/or require a tailored approach to suicide prevention</b>					
1.14. Establish a suicide prevention community network, including people with lived experience and VCS organisations working with those at greatest risk of suicide and self-harm. The network will support a co-production approach to suicide and self-harm prevention, and will	<ul style="list-style-type: none"> <li>Network established and Terms of Reference agreed</li> <li>Network meetings held every 6 months</li> <li>Network used to promote council Offer of Suicide Prevention, MECC and MHFA training</li> </ul>	End of 2024	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Community Network members</li> <li>ICS</li> </ul>	Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstreams 2 and 8

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
work with the stakeholder group to ensure the action plan and activities of individual stakeholders are delivered equitably and address local needs.	<ul style="list-style-type: none"> <li>Ensure representation from a range of ethnic and religious groups who can promote conversation and discussion from a religious perspective, and in a culturally sensitive manner</li> </ul>				
<p>1.15. Mapping of community-based initiatives to support groups at risk of poor mental health and loneliness to:</p> <ul style="list-style-type: none"> <li>Understand provision currently available</li> <li>Identify gaps and propose mitigations</li> </ul>	<ul style="list-style-type: none"> <li>Report outlining results of mapping and proposed recommendations published</li> <li>Report presented to suicide prevention stakeholder group and Community Mental Health Transformation delivery group.</li> </ul>	March 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Community Network members</li> <li>ICS</li> </ul>	Joint Mental Health and Wellbeing Strategy 2021-2024 – Workstreams 2 and 8
<p>1.16. All Southwark Suicide Prevention stakeholder group and community network members implementing suicide prevention and/or mental health promotion activities to:</p> <ul style="list-style-type: none"> <li>Review which high risk groups they are reaching (defined in section Understanding suicide and self-harm in Southwark in main strategy document)</li> <li>Ensure there are sufficient activities designed to reach the most at-risk groups, particularly men over the age of 30</li> </ul>	<ul style="list-style-type: none"> <li>Reports on provision for high-risk groups presented to Southwark Suicide Stakeholder Group</li> <li>Results collated by Public Health, gaps identified and recommendations made</li> </ul>	<p>June 2024</p> <p>December 2024</p>	Southwark Council Public Health	<ul style="list-style-type: none"> <li>All stakeholders</li> <li>Community Network members</li> </ul>	

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
<ul style="list-style-type: none"> <li>Ensure their data collection protocols enable monitoring of whether high risk groups are being reached</li> </ul>					
1.17. Develop local processes to identify and give support to people bereaved or affected by a suspected suicide, including sign-posting them to the South East London Suicide Bereavement Service.	<ul style="list-style-type: none"> <li>Support offered to people bereaved by suicide documented through SEL ICS incident reports</li> <li>Referral rates to South East London Suicide Bereavement Service</li> <li>Raise awareness of 'Help is at Hand' and provide printed copies to key groups and professionals in Southwark (resource supported by OHID and National Suicide Prevention Alliance)</li> </ul>	Ongoing, report annually	SEL ICB Suicide Prevention Steering Programme Group  Southwark Council Public Health	<ul style="list-style-type: none"> <li>All stakeholders</li> <li>SEL Suicide Bereavement Service</li> <li>SLaM</li> <li>Southwark Public Health</li> <li>Primary care</li> <li>Community Network members</li> </ul>	
1.18. Develop online and physical materials to raise awareness of local mental health services, free suicide prevention training and national mental health campaigns, specifically targeting high-risk locations and those at greatest risk of suicide, attempted suicide and self-harm. As part of this, work with community health ambassadors to ensure culturally appropriate messaging to different community groups.	<ul style="list-style-type: none"> <li>Develop a mental health services leaflet and translate into at least four different languages widely spoken in Southwark.</li> <li>Launch google ads campaign pilot to promote mental health in Southwark with aim of wider roll out if successful i.e. increased website traffic to Southwark Council Mental Health pages.</li> </ul>	End of 2024  End of 2023	Southwark Council Communications  Southwark Council Public Health  Community Health Ambassadors	<ul style="list-style-type: none"> <li>Community Network members</li> </ul>	



Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
1.19. Stakeholder group and community network members to share best practice for supporting staff who have worked with individuals who have died by suicide, or witnessed or responded to a suicide, and consider putting processes in place to support these individuals. Support could include help with their own mental wellbeing, or training to support with procedural aspects of responding to suicides.	<ul style="list-style-type: none"> <li>One stakeholder group and community network meeting to focus on sharing processes for supporting staff</li> <li>All stakeholders and community network members to review processes for supporting staff</li> </ul>	End of strategy		<ul style="list-style-type: none"> <li>All stakeholders</li> <li>Community Network members</li> </ul>	
1.20. Provide targeted suicide prevention training to Southwark barbers	<ul style="list-style-type: none"> <li>At least 15 barbers trained in a suicide prevention half day course</li> </ul>	March 2024	Southwark Council Public Health		
1.21. Develop local suicide cluster response plans to ensure a rapid multiagency response to a potential or actual suicide cluster.	<ul style="list-style-type: none"> <li>Reflect on previous cluster responses on a regional and local level and disseminate learning to key local stakeholders</li> <li>Create local response guidelines based on <a href="#">national guidance</a> to include: <ul style="list-style-type: none"> <li>Key components of a local response</li> <li>Data sharing principles</li> <li>Multiagency response group membership list</li> </ul> </li> </ul>	<p>November 2023</p> <p>March 2024</p>	Southwark Council Public Health	<ul style="list-style-type: none"> <li>SEL ICB</li> <li>SLaM</li> <li>CAMHS</li> <li>Council Children's and Adults' Services</li> <li>Council Education Psychology Team</li> </ul>	

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
	<ul style="list-style-type: none"> <li>Cluster risks assessment tool</li> <li>Sample Standing Agenda/ Terms of Reference/ Action Logs/</li> </ul>				
1.22. Promote the uptake of trauma-informed practice training to front line staff in Southwark	<ul style="list-style-type: none"> <li>Promote the free, pre-recorded Nicola Lester Psychological Trauma Consultancy trauma-informed practice training hosted on Thrive London's website through the Southwark Safeguarding Partnership's Learning Network.</li> </ul>	April 2024	Partnership Southwark  Southwark Council Public Health	<ul style="list-style-type: none"> <li>Southwark Safeguarding Partnership</li> </ul>	

## 2. Preventing suicide in high-risk locations and reducing access to the means of suicide

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
<b>Bridges/riverside areas</b>				
2.1. Liaise with City of London Public Health team about ongoing research to understand why suicidal people come to the bridges in Southwark, and identify opportunities for intervention.	<ul style="list-style-type: none"> <li>Review of research complete, recommendations identified and presented to the stakeholder group</li> </ul>	December 2024	Southwark Council Public Health	
2.2. Work with City of London Public Health team to recruit volunteers for a pilot of a bridge patrol programme.	<ul style="list-style-type: none"> <li>Number of volunteers recruited from Southwark</li> </ul>	December 2024	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Samaritans</li> </ul>

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
				<ul style="list-style-type: none"> <li>Community Network members</li> </ul>
2.3. Work with City of London Public Health team and City of London Police to identify riverside businesses or organisations that could offer physical spaces or rooms to act as 'places of safety' that people experiencing a mental health crisis can be taken to while their mental health needs are assessed.	<ul style="list-style-type: none"> <li>Number of hubs set up in Southwark</li> </ul>	December 2024	Southwark Council Public Health	
2.4. Promote Thames Skills Academy training, including Intervention Training for a Safer Thames, to relevant Council staff and riverside businesses.	<ul style="list-style-type: none"> <li>Training advertised through internal communications and external communications targeted at businesses</li> </ul>	December 2023	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Community Network members</li> </ul>
<b>Tall buildings</b>				
2.5. Provide suicide prevention training to resident association members, housing officers and other community leaders.	<ul style="list-style-type: none"> <li>All housing officers offered training</li> <li>15 resident association members/community leaders who live in high-risk locations trained</li> </ul>	End of 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Tenants and Residents Associations</li> <li>Housing</li> <li>Community Network members</li> </ul>
2.6. Develop a guide to support Council call handlers, including housing officers, to manage resident declarations of intention to attempt suicide or self-harm.	<ul style="list-style-type: none"> <li>Guide developed ensures that members of staff know what to do if a resident says they intend to harm themselves with a simple six point plan</li> </ul>	January 2024	Southwark Council Public Health Samaritans	<ul style="list-style-type: none"> <li>SEL ICB</li> <li>Southwark Council customer contact teams</li> </ul>

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
	<ul style="list-style-type: none"> <li>Guide to covers appropriate signposting, escalation to emergency services and staff support following such an incident</li> </ul>			<ul style="list-style-type: none"> <li>Southwark Council Housing</li> </ul>
<b>Rail</b>				
2.7. Build and maintain relationships between Southwark Council, Network Rail, British Transport Police and Transport for London to enable the Council to support ongoing suicide prevention initiatives and facilitate efficient responses to cases or clusters of suicide, attempted suicide or self-harm.	<ul style="list-style-type: none"> <li>All rail stakeholders represented at every stakeholder group meeting</li> </ul>	Ongoing	Southwark Council Public Health  Network Rail  British Transport Police	

### 3. Reducing the risk of suicide, attempted suicide and self-harm among children and young people (CYP), and providing support to educational settings

In addition to working towards the priorities set out in the Joint Mental Health and Wellbeing Strategy (Workstream 14: Children’s and Young People’s Services) and the Children and Young People’s Mental Health and Wellbeing Local Transformation Plan 2023-2025, partners will aim to:

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
<b>Supporting educational settings</b>					
3.1. Continue roll out of Mental Health Support Team (MHST) programme across Southwark schools, identify and	<ul style="list-style-type: none"> <li>One new MHST established, enabling roll out to 12 more schools</li> </ul>	March 2024	Partnership Commissioning	<ul style="list-style-type: none"> <li>Children and Young People’s Emotional</li> </ul>	SEL ICS CYP Local Transformation Plan

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
embed lessons learned from this programme, and widen access to suicide and self-harm prevention training.	<ul style="list-style-type: none"> <li>Develop and disseminate report summarising the lessons learned from this programme with proposed next steps</li> </ul>	December 2024	team / Groundwork	Wellbeing and Mental Health Steering Group	2023-2025 (Priority Action 6) SEL ICS CYP Mental Health and Emotional Wellbeing Plan (Transformation Priority 5)
3.2 Share relevant learning from Child Death Overview Panel (CDOP) child suicides reviews with relevant members of suicide prevention group.	<ul style="list-style-type: none"> <li>Key learning summarised for all Southwark CDOP reviewed child suicides and key learning shared with key stakeholders</li> </ul>	End of strategy	Southwark Council Public Health  Child Death Overview Panel	<ul style="list-style-type: none"> <li>All stakeholders</li> </ul>	
3.3. Ensure that the school nursing specification integrates mental health promotion within the wider health offer, and that school nurses are appropriately supported to assist in early-identification, intervention and referral of students at-risk of suicide and self-harm.	<ul style="list-style-type: none"> <li>School nursing specification for 2024/25 contains reference to the role of school nurses in mental health promotion</li> <li>All school nurses offered suicide prevention training</li> </ul>	End of 2024  March 2025	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Education (Southwark Education Learning and achievement (SELA) &amp; Schools)</li> <li>South East London Integrated care system (SEL ICS)</li> <li>Children and Young People's Emotional Wellbeing and</li> </ul>	Draft Southwark's Joint Strategic Needs Assessment 2023: Mental Wellbeing of Children and Young People in Southwark

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
				Mental Health Steering Group	
3.4. Support the implementation of the draft Children and Young Person (CYP) Mental Health Joint Strategic Needs Assessment (JSNA) recommendations.	<ul style="list-style-type: none"> <li>Southwark Suicide Prevention Steering Group to support the development and implementation of CYP mental health actions following publication of CYP Mental Health JSNA</li> </ul>	End of strategy	All stakeholder Southwark Public Health	<ul style="list-style-type: none"> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	Draft Southwark's Joint Strategic Needs Assessment 2023: Mental Wellbeing of Children and Young People in Southwark
3.5. Improve awareness of mental health support services amongst schools, students, parents, children in alternative provision and those not in education.	<ul style="list-style-type: none"> <li>Map all commissioned emotional wellbeing and mental health provisions (including IMHARS, SLaM, and the Nest's In reach Service) in schools across Southwark and for children in alternative provision and not in education.</li> <li>A directory of services will be created and updated once a year, with children and young people involved in the co-design of the future format (i.e. app).</li> </ul>	<p>March 2024</p> <p>March 2024 onwards</p>	Partnership Commissioning Team	<ul style="list-style-type: none"> <li>Education</li> <li>Southwark Public Health</li> <li>Community Network members</li> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	Southwark Partnership Local Transformation Plan

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
3.6. As part of developing local suicide cluster response plans (see action 1.20), work closely with schools to ensure they are supported in identifying and responding to single cases and clusters of suicides	<ul style="list-style-type: none"> <li>Schools input into local response plans</li> <li>Schools made aware of finalised plans and procedures to identify and respond to clusters</li> </ul>	End of 2024	Southwark Council Public Health  Education (SELA)	<ul style="list-style-type: none"> <li>SEL ICS</li> <li>Southwark Public Health</li> <li>South London and Maudsley NHS Foundation Trust (SLaM)</li> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	
3.7. Ongoing development of Improving Mental Health and Resilience in Schools (IMHARS) programme to prioritise tackling and preventing inequalities by focusing on disadvantaged CYP and families, and pupils with special educational needs and disabilities.	<ul style="list-style-type: none"> <li>Continue offering the Mental Health First Aid (MHFA) two-day course (aligned to i-Thrive) to schools, building on the current 400+ MHFAiders across educational settings. Target of 100% of schools participate in the MHFA course (course delivered in Southwark minimum every half term). Minimum x5 (primary) and x7 (secondary) per school. Target to offer 200</li> </ul>	End of strategy	Education (SELA) (Standards 0-19)	<ul style="list-style-type: none"> <li>Schools</li> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
	MHFA refresher courses in Southwark (every 2/3 years).				
<b>Supporting parents and families</b>					
3.8. Build on the Family Hubs training offer for practitioners and those supporting parents with children under 2 yrs to include suicide prevention training. Consolidate available partnership CYP mental health training into a concise package and schedule.	<ul style="list-style-type: none"> <li>Provide Mental Health First Aid training and suicide prevention training to practitioners</li> </ul>	End of strategy	Children and Young People's Emotional Wellbeing and Mental Health Steering Group		Draft CYP Mental Health JSNA
<b>Supporting vulnerable at-risk CYP</b>					
3.9. Expand the 16-25 Young People service to host dual trained Mental Health workers, 50/50 across adult mental health and CAMHS.	<ul style="list-style-type: none"> <li>Groups to target include: <ul style="list-style-type: none"> <li>Individuals who are seen by the open access service The Nest that require additional support but do not meet adult mental health thresholds</li> <li>Individuals that are being held by CAMHS but are over 18</li> <li>Cases that are discussed in the 0-25 advisory panel</li> <li>Care Leavers</li> </ul> </li> </ul>	End of 2024	Director of CAMHS / Partnership Commissioning Team Programme Lead  Children and Young People's Emotional Wellbeing and		Southwark Partnership Local Transformation Plan



Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
			Mental Health Steering Group		
3.10. Offer Youth Mental Health First Aid Training and Suicide Prevention training staff who work with vulnerable groups	<ul style="list-style-type: none"> <li>Uptake of offer from alternative provision providers, Youth Justice services and other VCS organisations who work with vulnerable children and young people</li> </ul>	End of strategy	Southwark Public Health	<ul style="list-style-type: none"> <li>Education</li> <li>Southwark Public Health</li> <li>Community Network members</li> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	
3.11. Utilise existing links between the Council and care leavers to increase awareness of mental health services and ways to improve mental wellbeing amongst this group.	<ul style="list-style-type: none"> <li>Mental health messaging included in regular communications between Council and care leavers through the Careleavers Opportunity Board and the Southwark Care Leavers Newsletter</li> </ul>	Ongoing	Southwark Council Communications Southwark Public Health	<ul style="list-style-type: none"> <li>Children and Young People's Emotional Wellbeing and Mental Health Steering Group</li> </ul>	
<b>Supporting CYP in crisis</b>					
3.12. Open new Crisis House for young people serving population of Lambeth, Lewisham and Southwark, providing an alternative place of	<ul style="list-style-type: none"> <li>New Crisis House opens</li> </ul>	March 2024	SEL Integrated Care Board		SEL CYP Mental Health and Emotional Wellbeing Plan (Transformation Priority 9: Accident &

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders	Overlap with other Borough activities
Safety.					Emergency Department Presentations)
3.13. Take a collaborative approach to reduce the risk of suicide, attempted and self-harm in students attending London South Bank University (LSBU).	<ul style="list-style-type: none"> <li>Improve the awareness and understanding of student MH referral pathways, transitions and continuity of care between LSBU and MH providers in Southwark.</li> <li>Improve the awareness of LSBU MH services across MH providers in Southwark.</li> <li>Mental Health First Aid and Suicide Prevention Training offered to LSBU student facing staff.</li> <li>LSBU to work towards and achieve accreditation around the University Mental Health Charter</li> <li>LSBU to develop a Suicide Safer Strategy</li> </ul>	<p>January 2025</p> <p>January 2025</p> <p>End of strategy</p> <p>January 2025</p> <p>March 2024</p>	<p>London South Bank University (LSBU)</p> <p>Southwark Council Public Health</p> <p>Southwark Suicide Prevention Stakeholder group</p>		

#### 4. Monitoring and collecting data on suicide, attempted suicide and self-harm

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
4.1. Perform analysis of Thrive LDN real-time suicide surveillance data biannually	<ul style="list-style-type: none"> <li>Analysis presented to stakeholder group and community network biannually</li> </ul>	Ongoing	Southwark Council Public Health	<ul style="list-style-type: none"> <li>Thrive LDN</li> </ul>
4.2. Provide an annual data report to the stakeholder group and community network	<ul style="list-style-type: none"> <li>Annual data report presented to stakeholder group and community network</li> </ul>	Ongoing	Southwark Council Public Health	<ul style="list-style-type: none"> <li>ICS</li> <li>Southwark Council Drug and Alcohol team</li> <li>Network Rail</li> <li>British Transport Police</li> <li>Thrive LDN</li> </ul>
4.3. Share annual data reports between the Combatting Drugs Partnership (CDP) and suicide prevention stakeholder group to identify shared risk factors and areas of need	<ul style="list-style-type: none"> <li>Suicide prevention data report presented to CDP annually</li> <li>CDP data report presented to suicide prevention stakeholder group annually</li> </ul>	Ongoing	Southwark Council Drug and Alcohol team Southwark Public Health	
4.4. Work with HM Coroner to conduct a suicide audit.	<ul style="list-style-type: none"> <li>Suicide audit complete and presented to stakeholder group</li> </ul>	December 2025	Southwark Council Public Health	
4.5. Facilitate surveillance of serious incidents involving intentional self-harm or attempted suicide at rail stations or railway lines through sharing of incident reports.	<ul style="list-style-type: none"> <li>Protocol for sharing incident reports agreed</li> <li>British Transport Police send notifications to Public Health following serious incidents involving death or serious injury on railway or underground lines in Southwark</li> </ul>	Completed Ongoing  Ongoing	Network Rail British Transport Police	<ul style="list-style-type: none"> <li>Southwark Public Health</li> </ul>

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
	<ul style="list-style-type: none"> <li>Network Rail send monthly report on incidents involving intentional injury or death to Public Health</li> </ul>			

## 5. Supporting the media in delivering sensitive approaches to suicide and suicidal behaviour

Action	Key Performance Indicators	Timeframe	Owner	Other stakeholders
5.1. Promote Samaritans' media guidelines for reporting suicide amongst local news outlets	<ul style="list-style-type: none"> <li>Numbers of local news stories relating to suicide meeting the criteria set out in Samaritans' '10 top tips for reporting suicide'</li> </ul>	Ongoing	Samaritans	Southwark Council Press team
5.2. Encourage local media to provide information about sources of support and contact details of help lines when reporting a story related to mental health or suicide	<ul style="list-style-type: none"> <li>Proportions of local news stories relating to suicide or mental health providing information about sources of support</li> </ul>	Ongoing	Samaritans	Southwark Council Press team

# Next steps

## Evaluation

The suicide prevention stakeholder group will each meet every 6 months to assess progress against the action plan. An evaluation framework will be used to monitor progress against the Key Performance Indicators set out in the action plan.

Evaluation will happen alongside regular reporting of the datasets outlined in the table below, as well as a suicide audit, if access to HM Coroner's data is granted (Action 4.4).

Source of local data	Data to be included in annual reporting	Time period
Office for National Statistics	<ul style="list-style-type: none"> <li>Numbers of suicides and comparison of suicide rate with London, England and other London boroughs</li> <li>Suicide death registration delay</li> </ul>	Annually
Primary Care Mortality Dataset	<ul style="list-style-type: none"> <li>Rate of suicide by age, sex and Index of Multiple Deprivation (IMD) quintile of residence</li> <li>Percentage of suicide deaths by means of suicide</li> </ul>	Annually
Thrive LDN real-time suicide surveillance dataset	<ul style="list-style-type: none"> <li>Total number and rate of suicide in Southwark by age, sex, ethnicity, modality of death, area of residence, and location of suicide</li> <li>Information on whether individuals were known to mental health services, the police and/or substance misuse teams</li> </ul>	Biannually
SEL ICS Serious Incidence Report for SLaM	<ul style="list-style-type: none"> <li>Number of serious incidents involving self-harm, attempted suicide or suicide among mental health (SLaM) service users</li> </ul>	Annually
Drug and Alcohol team	<ul style="list-style-type: none"> <li>Number of suspected suicides among individuals known to drug and alcohol services</li> </ul>	Annually
British Transport Police and Network Rail monitoring of railway and underground incidents	<ul style="list-style-type: none"> <li>Incidents on rail or underground resulting in death or serious injury, including information on location, age, gender, previous suicidal behaviour, and who intervened.</li> </ul>	Annually
Hospital Episode Statistics dataset	<ul style="list-style-type: none"> <li>Rate of admissions for intentional self-harm, by time point and age group</li> </ul>	Annually

At the time of writing, England's national suicide prevention strategy is due to be published in late 2023. We will review our strategy against the new national strategy, to ensure our work is being informed by the most up-to-date evidence and guidance, within 12 months of the national strategy being published.

## Leadership and Governance

Coordination of the suicide prevention stakeholder group and community network, data reporting and evaluation will be led by Southwark Council Public Health team. The suicide prevention stakeholder group is accountable to Southwark's Health and Wellbeing Board, and will regularly liaise with the Community Mental Health Transformation delivery group.

The terms of reference of the community network will be co-produced with its members. Discussions and outputs from the community network will be used to inform the actions of the stakeholder group.