

Is your home getting cluttered?

Do you struggle to use your rooms as they are full of stuff?

Are you finding it difficult to organise your possessions?

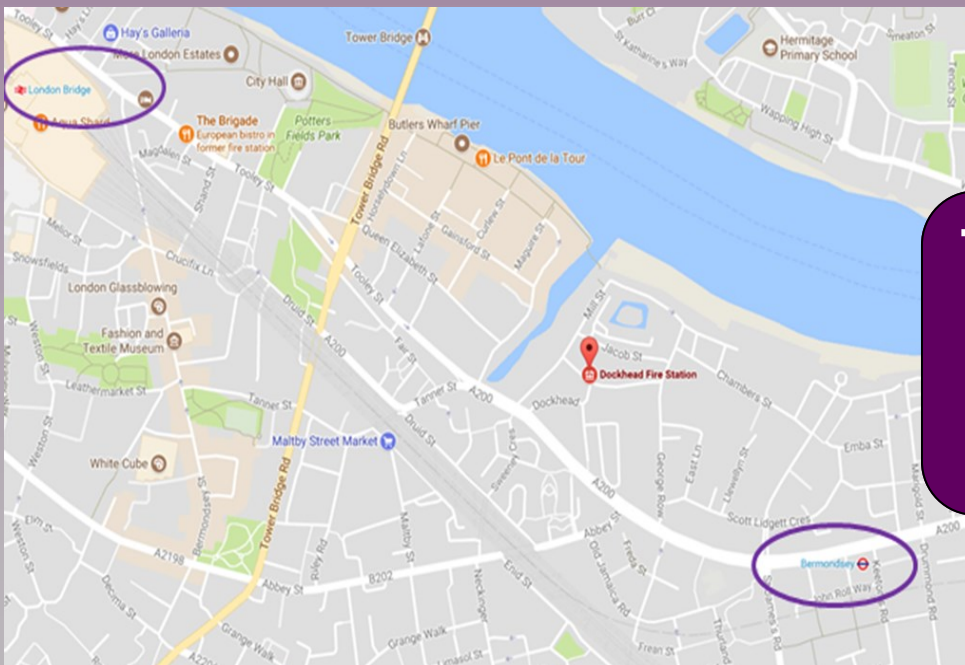
Do you struggle to rid of things?

Do you buy more things than you can use?

Do you find it difficult to resist picking up free things?

Do you or does anyone else think that you have difficulties with hoarding?

We would like to invite you to a support group to discuss such difficulties. This group is open to anyone and you can come to as many sessions as you wish.



**The group will from
13:30 - 15:00
EVERY
THURSDAY**

**The group will meet at
Dockhead Fire Station,
8 Wolsey Street, SE1 2BP**

**For Further Information
Please contact
Dr Victoria Bream
020 3228 2431**

**Refreshments will be
available!**