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Marie Curie newsletter



17 December 2021

Evacuating the block in an emergency

If the building fire alarm goes off in your home for more than 30 seconds, you must evacuate. The alarm is tested every Wednesday between 9.05am and 9.10am. If you have not been warned that a test is about to start you **must** evacuate.

Christmas Opening Hours

As we offer a 24 hours a day, 7 days a week service, the Ledbury office will be open all over the Christmas period to deal with any queries that the residents of Marie Curie have.



Officers will also be working to support the remaining residents, and work with the fire wardens, just like they do every day of the year.

There will be no Marie Curie newsletter during the Christmas period. The next newsletter will be delivered the week ending Friday 14 January 2022.

The Ledbury team all very much enjoy the relationship that we have with the

residents of Marie Curie, and we have all really appreciated the support we have had from you all during 2021.

We would therefore like to take this opportunity to wish everyone a very happy Christmas and a healthy 2022.

Visitors over Christmas

A number of you will be having visitors over Christmas.

If you live in Marie Curie, please ensure that your visitors know about the evacuation procedures.

If you have a visitor with mobility issues, please inform the main fire warden for your block.

As a reminder if there is a fire in your home:

- Evacuate and then call the fire brigade when safe to do so
- Tell the nearest fire warden and if the communal alarm has not been activated they will set the block alarm off
- The fire will also cause the automated communal alarm to go off and as soon as it does, the main fire warden will call the fire brigade.
- It does not matter how many times the fire brigade are called, as we need to ensure that they are on site

If the communal alarm goes off in your home:

- No one will knock on your door to tell you to evacuate
- The fact that the fire alarm has

gone off means that you have to evacuate to the evacuation area for your block as is stated on your block fire action notices

Mail order deliveries – keeping corridors clear

Please remember that corridors must be kept clear at all times. If you are shopping online you should ensure that there is someone at home to take in your parcels as they must not be left on the communal landings.

Southwark Food Bank

If you are able - then please consider donating to the winter food bank fundraiser. All funds raised go directly to Southwark Food Bank and help them to continue supporting families and individuals in crisis.

You can also donate food - there are various supermarket drop off locations around the borough listed on the Southwark Food Bank website at www.southwark.foodbank.org.uk/give-help/donate-food

If you need support through these tough times - Southwark Food Bank is here to help. Please reach out. Find out more at www.southwark.foodbank.org.uk/get-help

Getting ready for a viewing

If you are offered a property, you will need to check that your furniture and other items fit. Before you go and view measure up your cooker, fridge, washing machine and other important items, and take a tape measure with you to check that they fit.

Need to speak to Southwark face-to-face?

Due to the rapidly rising number of COVID-19 infections in the borough, and the new restrictions and guidelines brought in by the Government, we have decided to cancel the face-to-face surgeries at the Sceaux Gardens TRA Hall until further notice. You can still contact the team on 020 7732 2886 or 020 7732 2757.

Resident Services Officer for Sceaux Gardens Estate

Emmanuel Shittu is the Resident Services Officer for all the other blocks on the Sceaux Gardens Estate. You can contact Emmanuel on **07947 192929** and his email address is emmanuel.shittu@southwark.gov.uk.

Resident Services Officers for Marie Curie

Sonia Forest and Susannah Oso are the Resident Services Officers for Marie Curie. You can contact Sonia on **07946 369599** and her email address is sonia.forrest@southwark.gov.uk. You

can contact Susannah on **07540 332295** and her email address is **susannah.oso@southwark.gov.uk**.

You can also contact the Resident Services team who are available 24 hours, 7 days a week on **020 7732 2886** or **020 7732 2757**. You can also email the team on **mariecurie@southwark.gov.uk**.

Repairs

All repairs for Marie Curie should be reported by calling **0800 952 4444**.

Repairs can also be reported by email at **repairs@southwark.gov.uk**.

The Independent Tenant and Homeowner Advisor

Neal Purvis and Lee Page from Open Communities are the Independent Tenant and Leaseholder Advisors for the works on Sceaux Gardens Estate, including Marie Curie.



Neal Purvis
neal.purvis1@btinternet.com



Lee Page
leepage002@gmail.com

You can contact Neal and Lee, or the rest of the Open Communities team, on **0800 073 1051**.

COVID-19 update

COVID-19 figures are rising rapidly in Southwark and across the country. In response the government has announced its Plan B measures.

Plan B: a summary of the changes

- **From Friday 10 December**, face coverings will be required in more public settings, including theatres and cinemas, unless you are exempt. Face coverings are already required in indoor places such as shops and on public transport.
- **From Monday 13 December**, you should work from home where possible.
- **From Tuesday 14 December** people who are fully vaccinated who have had close contact with someone with COVID-19 can take daily lateral flow tests for seven days, instead of self-isolating (if you're not double vaccinated, have symptoms or test positive you still need to self-isolate)
- **From Wednesday 15 December**, the NHS COVID Pass will be needed in some venues, including nightclubs. People will be able to

demonstrate proof of two vaccine doses via the app. Proof of a negative lateral flow test will also be accepted.

Have you had your COVID-19 vaccination?

Over 195,000 people registered with a Southwark GP have received a first dose of the vaccine. You can:

- Book online using the NHS national booking service or call 119 free of charge (ages 12 and above)
- Contact your GP (ages 12 and above)
- Use a walk-in clinic in Southwark if you are 12 or over
- Take part in the school-based vaccination programme (ages 12 to 15)

Find out more at

www.southwark.gov.uk/covidvaccine

Vaccines for 12 to 15-year olds

If you have questions about vaccinations for this age group then read the FAQs and advice at

www.selondonccg.nhs.uk (search for: vaccinating 12-15 year olds).

Booster vaccinations

If you have had your second dose at least three months ago, you can have a booster jab if you are:

- Living in a residential care home for older adults
- Aged 18 or over

- A frontline health and social care worker
- Living or working in a care home
- Aged 16 or over with underlying health conditions that put you at higher risk of severe COVID-19
- Aged 16 or over and are a main carer for someone at high risk
- Aged 16 or over and live with someone more likely to get infections (such as someone with cancer or HIV)
- Pregnant and in one of the eligible groups above.

This information is correct at time of this newsletter. Get the latest information at www.nhs.uk/coronavirus-vaccine.

Free tests if you have symptoms

It's essential that you get a PCR test as soon as possible if you have any of these symptoms:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

Only leave your home to have a test. Find out more at: www.southwark.gov.uk/covidtests or call **NHS 119**.

Please note – all COVID-19 information is correct at time of going to press but things can change quickly. For the latest information visit

www.gov.uk/coronavirus

